



You must make a few key decisions as you explore ACT or Digital SAT standardized test preparation.

DECISION 1 – Will You Take a Standardized Test?

The answer to this question lies in why one would take a standardized test:

- 1) The college where you're applying **requires a standardized test**.
- 2) Your **application would benefit from a strong standardized test score** to demonstrate your ability to handle a high academic rigor within the four years college typically takes. This is especially important if:
 - a) You're not taking the hardest classes at your high school
 - b) Many students in your current High School are all getting A's, and you need something to differentiate yourself from them
 - c) Your high school does not offer a high level of rigor, and you need a measure to demonstrate that you can handle a high level of rigor
- 3) Preparing for a standardized test **teaches life skills** such as:
 - a) Time management
 - b) Controlling emotions such as anxiety and overwhelm, as well as doing an unpleasant task
 - c) A person who prepares for a standardized test must work over time to accomplish a larger goal

If you are not sure about the answer to this question, book a consultation with Mary Miele at mary@evolveded.com to determine your answer to this first question.

DECISION 2 – Will You Take the ACT or the Digital SAT?

Since colleges view these tests as equal measures within the application, there are three ways you can make this decision:

- 1) **Take a Mindprint Learning Assessment.** This cognitive, computer-based test, which lasts about 45 to 60 minutes, gives information about which test your brain is best suited for.
- 2) **Take a Mock Test** of the Act and the SAT to see which test scores are higher and which test is preferred.
- 3) Look at your **PACT and PSAT** scores and determine which test scores are higher and which test is preferred.

You do not necessarily need to do all three of these tasks; however, you may.

If you would like to book a Mindprint Learning Assessment or a Mock Test, please email Becky@evolveded.com. If you would like to review your scores to determine which test is back please email steffanie@evolveded.com for a consultation.



DECISION 3 - How Will You Prepare?

Begin with a diagnostic process You can do this in one of two ways:

- 1) Use a self-guided assessment such as those found at College Board or ACT.

A self-guided assessment is taken at home on your own time, and you can get information from the results by self-grading it.

Official SAT Digital: <https://satsuite.collegeboard.org/digital/digital-practice-preparation/practice-tests>

Archived SAT Paper: <https://blog.prepscholar.com/printable-sat-practice-tests-4-free-official-tests>

Official ACT Paper/Digital:

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html>

- 2) Take a Professionally Guided Assessment such as a Mindprint Learning Assessment (to create your approach to learning a standardized test) or at Test Innovators (to give you a breakdown of your strengths and challenges).

Then, create a list of what you need to learn based on your diagnostic this list should include concepts and strategy.

Next, make a calendar when you will learn content and strategy, AND set aside weekly practice sessions.

Finally, take mock exams every few weeks or months, depending on your timeline, to inform instruction. Do not panic if your scores are not growing rapidly. Mock tests inform instruction. Carefully look at your results and match them to what you learned. Determine if what you have learned has been mastered. If not, adjust the way you are learning.

If you would like to book tutoring or consult on how you are preparing, email amy@evolveded.com.

Frequently Asked Questions

- 1) **How does Evolved Education Company customize its test preparation programs for individual students?**

We work with students through assessment-based instruction. We target both content and strategy by understanding what has to be learned and we teach according to how the student learns best.

- 2) **What is an ideal time frame for preparation?**

At least three months, but more typically 6-9 months.



3) What resources does Evolved Education Company use?

We use College Board, ACT, PrepScholar, Khan Academy, and Test Innovators Materials. At times, tutors pull from various sources to teach content and strategy.

4) Do you offer both in-person and online tutoring?

Yes, we offer both in-person and online tutoring.

5) Do your tutors have the ability to work with students who have learning differences?

Yes, we have tutors with special education training and experience.

6) Can you help students who have test-taking anxiety?

Yes, we help students with test-taking anxiety through exposure and self-talk, we are not therapists, but collaborate with therapists often.

7) Do you offer guidance on how to file for testing accommodations?

Yes, you can book a consultation to review your neuropsych and learn how to file for accommodations, email Steffanie@evolveded.com to set this up.

8) What sets Evolved Education Company apart from other test preparation companies?

At our core, we offer assessment and evidence-based instruction delivered by education experts. Our approach is centered on guidance and personalized instruction, ensuring that each student receives comprehensive support throughout their preparation journey.

Our mission goes beyond the mere transactional aspects of test preparation; it encompasses a commitment to nurturing the holistic development of every student. We view education through a broader lens, emphasizing the importance of fostering relationships, providing mentorship, and imparting essential life skills.

These skills include, but are not limited to:

- Effective time management
- Emotional awareness and control
- Advanced study techniques
- Strategic planning and organization
- Navigating and excelling in long-term projects
- Conquering challenging tasks persistently and purposefully in pursuit of significant goals

True success in academics and life is achieved when students have the knowledge to excel academically and the skills and mindset needed to thrive because they can learn well.